

## Recreation

### 2006.1 RECREATION

Inmates will have access to a variety of recreation opportunities and equipment, both indoor and outdoor, in order to maintain the physical, social and emotional health of the individual.

(a) Outdoor Recreation

1. Scheduled outdoor recreational periods are provided to inmates. Each facility will have designated areas for recreation. The Inmate Services Division (ISD) will provide recreation equipment for the inmates to use.
2. Housing staff will notify the inmates when the outdoor recreation area is available for their use. If an inmate does not wish to participate in outdoor recreation, they will remain in their housing location. Inmates who wish to take part in the recreation period shall go directly to the outdoor recreation area. At the conclusion of the recreation period, all inmates will immediately return to their housing location.
3. Staff shall afford each inmate the opportunity to participate in a minimum of three (3) hours of outdoor recreation per week (Sunday through Saturday), distributed over at least two separate days. Outdoor recreation will generally be available for use by inmates from 0645 through 2300 hours daily. An exception is Theo Lacy Green Sector, which will operate during daylight hours. Staff shall ensure that outdoor recreation is open and offered to inmates at 0645 when feasible, but no later than 0715. If there are no inmates in outdoor recreation by 0715, staff shall notify their Sergeant and document in the JMS the reason why. Events related to the safety and security of the facility (e.g., counts, searches), emergencies, or inclement weather, may necessitate the cancellation or reduction of scheduled recreation time. In the event of a cancellation or failure to provide the minimum required opportunities for recreation, the assigned supervisor shall be notified and the reason for the cancellation or failure shall be documented in the appropriate log.
  - i. Once every inmate has been offered or used outdoor recreation, staff shall offer all inmates additional opportunities to use outdoor recreation between the hours of 0645-2300 hours, even if an inmate previously refused.
  - ii. Staff shall make efforts to rotate the opportunities for additional outdoor recreation so inmates can have approximately equal additional outdoor recreation time.
  - iii. If every inmate refuses additional outdoor recreation time, outdoor recreation will be closed for two (2) hours. Inmates will then be offered additional outdoor recreation time on a recurring two (2) hour cycle for the remainder of the day.
  - iv. If a pattern develops that an inmate or group is refusing an offer of outdoor recreation time in an apparent attempt to obtain a specific time, the inmate or group will be informed that the specific outdoor recreation time they

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are attempting to obtain will not be offered, and instead will be given the opportunity to accept the offered time.

- v. Staff will make best efforts to accommodate individual needs regarding the time of day for outdoor recreation (e.g., for inmates with disabilities impacting fatigue, on sleep medications, etc.)
- 4. Correctional Health Services (CHS) may place temporary restrictions on outdoor recreation access, such as for inmates with contagious diseases or inmates who pose a danger to themselves or others.
- 5. An inmate's poor behavior or violation of jail rules does not justify loss of their outdoor recreation time unless their actions pose a threat to the safety and security of the facility. These facts shall be documented in the Guard Station Daily Log.

#### (b) Dayrooms

- 1. Under normal circumstances, inmates will be afforded the opportunity to use the dayroom for a minimum of three hours per day, unless specific and articulable reasons exist for a shorter time period (i.e., court, off-compound medical appointment, unforeseen security events, facility maintenance, medical emergency). In such cases, the reasons will be thoroughly documented in the Guard Station Daily Log by the respective Deputy or Correctional Services Assistant. It is expected that dayrooms will generally be available for use by inmates from 0645 through 2300 hours daily, for a total of at least twenty-one (21) hours per week. Staff shall ensure that dayroom is open and offered to inmates at 0645 when feasible, but no later than 0715. If there are no inmates in dayroom by 0715, staff shall notify their Sergeant and document in the JMS the reason why. The Sergeant responsible for the housing area shall review dayroom usage as part of the required housing area checks and ensure the three hour dayroom minimum has been met. If the three hour dayroom minimum has not been met, the Sergeant will confirm the reason(s) are clearly documented in the Guard Station Daily Log.
- 2. Staff may temporarily close the dayroom only for as long as necessary to facilitate the daily operations of the housing area, such as counts, inmate safety checks, meals, searches, clothing exchange, commissary, med call, etc., and shall reopen the dayroom when the activity is complete. All activities shall be documented in the Guard Station Daily Log.
- 3. An inmate's poor behavior or violation of jail rules does not justify loss of their dayroom time, unless their actions pose a threat to the safety and security of the facility. These facts shall be documented in the Guard Station Daily Log. If an inmate has an Individual Inmate Activity Log, the loss of dayroom will also be documented there.
- 4. Documented security concerns may necessitate the reduction or cancellation of scheduled dayroom time. A Sergeant or the Watch Commander must approve any changes prior to implementation. If an exigency prevents prior approval, staff will notify a supervisor as soon as practical for approval. The reduction or cancellation will be documented in the Guard Station Daily Log along with the

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name of the approving supervisor. If an inmate has an Individual Inmate Activity Log, the cancellation or reduction will also be documented there.

5. Inmates may only use the dayroom in their assigned housing area, unless otherwise directed by staff. Only those inmates who are compatible with each other will be allowed into the dayroom together. In housing areas where security concerns, classification restrictions, or separation orders prevent the inmates from using the dayroom together, staff shall follow a set schedule to ensure the equitable distribution of dayroom among inmates or groups. The schedule will rotate on a daily basis to provide a variety of dayroom times for each inmate or group. If the inmate or group scheduled declines the dayroom opportunity, bypass the declining inmate or group and offer dayroom to the next inmate or group on the scheduled rotation.
  - (a) Once every inmate or group has been offered or used the dayroom, staff shall offer all inmates or groups additional opportunities for dayroom use between the hours of 0645-2300 hours, even if an inmate or group previously refused.
  - (b) Staff shall make efforts to rotate the opportunities for additional dayroom so inmates in a sector or unit can have approximately equal additional dayroom time.
  - (c) If every inmate in a sector or unit refuses additional dayroom time, dayrooms will be closed for two (2) hours. Inmates will then be offered additional dayroom on a recurring two (2) hour cycle for the remainder of the day.
  - (d) If a pattern develops that an inmate or group is refusing an offer of dayroom time in an apparent attempt to obtain a specific time, the inmate or group will be informed that the specific dayroom time they are attempting to obtain will not be offered, and instead will be given the opportunity to accept the offered time.
6. Dayroom activities will include television viewing, newspaper and book reading, tabletop games, and telephone access if the telephones are located in the dayroom. If there are no telephones in the dayroom, inmates will be provided access to the telephones during outdoor recreation or during designated telephone use times. Inmates will be permitted to return to their cell to use the restroom, unless restrooms are located in the dayroom area. If an inmate returns to their cell to use the restroom, the inmate will be permitted to return to the dayroom at the completion of their use of the restroom. Inmates in the dayroom must be in full jail issue.
7. Correctional Health Services (CHS) may place temporary restrictions on dayroom access, such as for inmates with contagious diseases or inmates who pose a danger to themselves or others.
8. Scheduled programs that take place in the dayroom may be included as part of the minimum required dayroom time.

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9. For more information on dayrooms for civil detainees, refer to [CCOM Section 7102 - Civil Detainees](#).
- (c) Logging Outdoor Recreation and Dayroom
  1. Open Housing Areas
  2. In housing areas where all inmates in the housing area are allowed access to outdoor recreation or dayroom together, staff shall make an entry in the Guard Station Daily Log whenever:
    - i. The dayroom(s) are opened.
    - ii. The dayroom(s) are closed.
    - iii. Outdoor recreation is offered.
    - iv. Outdoor recreation is closed, or when the inmates return from outdoor recreation, depending on the housing area's configuration.
    - v. Groups
  3. In module housing areas, or any housing area where inmates are separated into groups for security purposes, staff shall document the following information on the guard station daily dayroom log and the guard station outdoor recreation log:
    - i. Inmate's name
    - ii. Booking number
    - iii. Start time/end time
    - iv. Any refusal of dayroom and reason for refusal
    - v. Any inmate who requests to lock it down before their three hour minimum expires.
  4. Inmates with Individual Inmate Activity Logs
    - i. Staff shall log the start and end times of all offered opportunities for outdoor recreation and dayroom, and whether the inmate accepted or declined, in the inmate's Individual Inmate Activity Log.
  5. In cases where an inmate refuses dayroom or outdoor recreation for more than three (3) times in one week and the reason for such refusal may be related to their mental health, medical, or disability status, staff will make an urgent referral to CHS for assessment and appropriate clinical follow up. Staff will document the referral on the dayroom or outdoor recreation log. If an inmate has an Individual Inmate Activity Log, the referral will also be documented there.